



Resources for Grief and Bereavement

Below is a list of several organizations which focus on providing grief and bereavement services and supports in the Clark County area. To learn more about grief and bereavement, please visit Mental Health America at

<https://www.mhanational.org/bereavement-and-grief>

Please note, this is not a complete list of resources. Please call agencies for additional information. Inclusion in this resource list does not imply approval and omission from this resource list does not imply disapproval.

Seasons of Hope Clark County

3102 NE134th Street, Vancouver WA, 98686

360-703-0300

Services Currently Offered at no cost:

- Student in crisis because of a death, Seasons of Hope can arrange 1:1 support from a counselor (this may be in person or over the phone and will determined upon contact)
- Survivors of suicide loss for adults only, runs January 14-March 4 from 3:00-5:00 weekly on Thursdays
- Families who would like specific information on these and additional programs should contact Seasons of Hope Clark County

Peace Health Stepping Stones

5400 MacArthur Blvd, Vancouver WA, 98668

360-696-5120

Services Currently Offered at no cost:

- Limited virtual support groups, with groups of 8 and a facilitator via Microsoft Teams format
- Teen support and middle school support group runs 8-10 weeks
- Families who would like specific information on these and additional programs should contact Peace Health Stepping Stones

The Dougy Center

3909 SE 52nd Avenue, Portland OR, 97206

503-775-5120

Services Currently Offered at no cost:

- All groups offered virtually via Zoom format
- Ages 6-12 group, 30 minutes every other week
- Ages 13-18 group, 60 minutes every other week
- Additional group focused on middle school may be offered
- Adult caregiver support group, 60 minutes every other week
- Join at any time, no minimum or maximum number of sessions required to participate
- Families who would like specific information on these programs should contact the Dougy Center