



## Resources for Mental Health Providers and Crisis Response

Below is a list of several organizations which focus on providing crisis response and mental health services and supports in the Clark County area.

*Please note, this is not a complete list of resources. Please call agencies for additional information. Inclusion in this resource list does not imply approval and omission from this resource list does not imply disapproval.*

### **Crisis Response/Suicide Prevention**

#### **National Suicide Prevention Lifeline**

1-800-273-8255 (TALK)

Program/Service Description:

The Lifeline provides 24/7 free and confidential support for people in distress, prevention and crisis resources, and best practices for professionals

Website: <https://suicidepreventionlifeline.org/>

#### **SW Washington Crisis Line**

800-626-8137 or 360-696-9560

Program/Service Description: The Clark County Crisis Services program office is staffed by a team of mental health professionals and certified peer counselors who are trained in crisis intervention. We will listen to you and provide an assessment of your current situation. A plan will be developed with you to meet your immediate behavioral health needs. If needed, we can provide follow-up care to monitor your progress and provide additional help. This crisis service includes Youth Mobile Crisis Intervention for Clark County; offering short-term interventions which are solution focused on strength based to youth in crisis.

Website: <https://clark.wa.gov/community-services/clark-county-crisis-services>

#### **Crisis Textline**

Text **Home** to **741741** from anywhere in the United States, anytime.

Program/Service Description: Text Line is here for any crisis. A live, trained crisis counselor receives the text and responds, all from our secure online platform. The volunteer crisis counselor will help you move from a hot moment to a cool moment. Send a text and you will be connected with a counselor who is a trained volunteer, and who can provide support, but not medical advice.

Website link: <https://www.crisistextline.org/>

For Teens:

#### **Crisis Connections Teen Link**

Call or Text 866-833-6546

Hours of Operation: Evenings 2:00 pm-10:00 pm; Saturday/Sunday 6:00 pm -10:00 pm

Program Description: Teen Link is a confidential and anonymous help line for teens. Trained teen volunteers are available to talk with you about any issue of concern. No issue is too big or too small!

Website link: <https://www.crisisconnections.org/teen-link/>

## Clark County Teen Talk

Text 360-984-0936

Program Description: We are a nonjudgmental, peer-to-peer support line. We are here to listen to every kind of teen in any kind of situation. We do not exist to solve your problems. We exist so you have a place to feel safe to talk about your problems. We may not make everyone feel better, but we strive to make everyone feel valued.

Website: <https://ccteentalk.clark.wa.gov/>

## The Trevor Project

Call 1-866-488-7386 or text **START** to 678-678

Program Description: The Trevor Project is a national organization providing crisis intervention and suicide prevention services to LGBTQ youth.

Website link: <https://www.thetrevorproject.org/get-help-now/>

## Mental Health Services

**For a Person or Family In a Crisis Situation and Needs Help Right Away, please call the  
SW Washington Crisis Line: 800-626-8137 or 360-696-9560**

A Mental Health Professional will assist you in finding a solution for your current need.

<b>Family Solutions</b> 360-695-1014 Website: <a href="http://www.family-solutions.net/">http://www.family-solutions.net/</a> Provide services to children, youth and families who are eligible for Medicaid and have symptoms that warrant a mental health diagnosis. We work with families to overcome past losses, recognize and honor their strengths, process struggles to build hope, courage and recovery.	<b>Real Life Counseling</b> 360-619-2226 Website: <a href="https://reallifecounseling.us/">https://reallifecounseling.us/</a> Licensed counselors are able to accept most insurance plans. Common concerns treated include: anxiety, depression, suicide, self-harm, coping skill building, and behavioral support.
<b>Catholic Community Services</b> 360-567-2211 Insurance Accepted: State	<b>SeaMar Community Services NW</b> 360-342-8060 Insurance Accepted: State and some private; call to confirm
<b>Children's Center</b> 360-699-2244 Insurance Accepted: State carriers, Blue Cross/Blue Shield (limited basis); call to confirm	<b>Western Psychological and Counseling Services</b> 360-574-9303 Insurance Accepted: currently accept only private insurance; call to confirm provider
<b>Children's Home Society of WA</b> 360-695-1325 Insurance Accepted: State and some private; call for more information; call to confirm	<b>Kaiser Permanente</b> 1-855-632-8280 Insurance Accepted: Kaiser
<b>Columbia River Mental Health</b> 360-993-3000 Insurance Accepted: currently accept only Washington State insurance; call to confirm	<b>Lifeline Connections</b> 360-397-8246 Insurance Accepted: State and Private; call for list and to confirm